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White hair invading the head: technology and the human pain

Amid the high-paced global events, the astonishing technological developments, and the repeated conflicts, we stand opening a new book, trying to reach a fulfilled paper leading us to peace. Still, the urging question is are we going through the light of salvation or near the edge of alienation? Has the technology become the soft anesthetic that distracts people from what's going on in the real world? Or it's still leading to the liberation and awakening possibilities? However, our subconscious got used to the violence and destruction scenes taking place around the globe, and here is the real danger. But, how can we reprogram our minds to realize that what's happening in the world is abnormal? Nay, it has exceeded the normality borders. At the same time, does the receiver have to rearrange his digital content to go back and forth watching the displacement and the dead bodies and afterwards watching the other normal content to feel how deep the pain is!

However, the aforementioned questions are not bare rhetorical or exclamatory questions. By contrast, they aim to understand the torpidity circle that surrounds us, and redirect us towards the peace process as well as the human feeling that can not get along with cruelty and conflict.

Amid the vast amount of the technological development, the

paradoxes are being overlapped. For, it is not only the social media platforms, the artificial intelligence tools, nor the lethal military technology, but it's an aimed infrastructure to formulate the human awareness and control it. Still, can the technology be a means for achieving a comprehensive peace especially if we were raised up in an environment that appreciate human values and renounce violence? In this way, we can achieve a high level of equality and exchange recognition among all people. As a result, this will create a case of solidarity to cease the leaking of the social media triviality in our real world. In this case only, technology can be a bridge toward the global integration, not a drawn sword before the truth.

Additionally, from my point of view, the long-standing watching of the short videos, with its excessive consumption of time and effort, can create a state of apathy and dullness. This gradual fission of the self-off the real world could result in an erosion of the social connections, retrieving the skills, inhabiting the talents. This is why many studies have pointed out into this subtle effect that is nurtured by a delicately-made algorithms.

What we are experiencing now is going the opposite way from our normal life. As social media is not the same as it has used to be. Thus, it is an ever-evolving formula that work in a flexible way to be aligned with the person's adaptation ability. As I see, the immigration is no longer limited to those who leave their countries into another that value their awareness, skills, and mental abilities. Rather, there has emerged a new type of immigration that is virtual when people start leaving some social media platforms into other ones that provide them with education and knowledge.

As a result, we see nowadays a remarkable growth in the informative

social media programs such as the podcasts that usually discuss intellectual, historical, and ongoing scholarly issues, replacing the fast digested content that fulfills the temporary memory with easy information, but, at the same time, draining the soul.

From now on, it is necessary to reconsider the relation between the new generations with technology. This can be done through redirecting them towards the clear educational tracks, far away from the digital drain of time which is consumed in video games and non-sense content. By this way, we can shield their minds from distractions, and guarantee that technology is meant to build not to destruct. And this can stand alone as a project of cultural awareness.

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